

SIZE GUIDE

English edition · A4

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MEN'S CLOTHING

CONTENTS

Measurements are in cm. Sizing is approximate and may differ by model.

STANDARD SIZES

SIZE	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL
HEIGHT	172	175	178	182	186	190	194	194	194	194
CHEST	86	90	94	99	104	110	116	122	130	138
WAIST	74	78	82	87	92	98	104	110	118	126
HIP	89	93	97	102	107	113	119	125	131	137
INSIDE LEG	77	79	81	83	85	87	89	89	89	89

PLUS SIZES

SIZE	XL	XXL	XXXL
HEIGHT	184 - 190	184 - 190	184 - 190
CHEST	126	134	144
WAIST	118	126	136
HIP	122	128	136

NEWLINE SIZES

SIZE	S	M	L	XL	XXL	3XL
CHEST	93	99	105	111	117	126
WAIST	80	86	92	98	104	113
HIP	92	98	104	110	116	125

HOW TO MEASURE

Height: head to floor. Chest: fullest circumference. Waist: narrowest circumference. Hip: fullest circumference.

Men Women Unisex Kids Footballs & handballs

MEN'S SHOES

CONTENTS

CM indicates internal shoe length. Measurements may differ by model.

SIZE	40	41	42	43	44	45	46	47	48	48.5	49.5	50.5
UK	6.5	7.5	8	9	9.5	10.5	11	12	12.5	13	14	15
CM	25.5	26.5	27	28	28.5	29.5	30	31	31.5	32	32.5	33

HOW TO MEASURE

Place a foot on paper against a straight heel edge. Mark the furthest toe and measure from heel to mark. Measure both feet before comparing with the table.

Men Women Unisex Kids Footballs & handballs

SOCKS & ACCESSORIES

CONTENTS

Use the measurements and sizing notes below.

SOCKS

SIZE	6	8	10	12	14
EU	28 - 31	32 - 35	36 - 40	41 - 45	46 - 48
UK	10 - 11.5	13 - 2.5	3.5 - 6.5	7.5 - 10.5	11 - 12.5

COMPRESSION SOCKS

SIZE	1	2	3	4
CM	25 - 31	32 - 38	39 - 44	45 - 50

Calf circumference.

KNEE SUPPORT

SIZE	XS	S	M	L	XL
CM	30 - 33	33 - 37	37 - 39	39 - 42	42 - 47

Knee circumference.

ELBOW SUPPORT

SIZE	XS	S	M	L
CM	23 - 25	25 - 28	28 - 30	30 - 33

Elbow circumference.

Men Women Unisex Kids Footballs & handballs

SPORTS ACCESSORIES

CONTENTS

Use the measurements and sizing notes below.

GOALKEEPER GLOVES

SIZE	4	5	6	7	8	9	10	11
WIDTH (CM)	6.8	7.4	8.0	8.6	9.2	9.8	10.4	11.0
LENGTH (CM)	15.5	16.0	17.0	18.0	19.0	20.0	21.0	22.0

Measure hand width and length.

SHIN GUARDS

SIZE	XXS	XS	S	M	L
CM	< 95	95 - 115	115 - 135	135 - 155	> 155

Body height.

KNEE SUPPORT

SIZE	XS	S	M	L	XL
CM	30 - 33	33 - 37	37 - 39	39 - 42	42 - 47

Knee circumference.

ELBOW SUPPORT

SIZE	XS	S	M	L
CM	23 - 25	25 - 28	28 - 30	30 - 33

Elbow circumference.

WOMEN'S CLOTHING

CONTENTS

Measurements are in cm. Sizing is approximate and may differ by model.

STANDARD SIZES

SIZE	XXS	XS	S	M	L	XL	XXL	XXXL
HEIGHT	164	167	170	173	176	179	182	182
CHEST	80	84	88	92	96	101	107	113
WAIST	64	68	72	76	80	85	91	97
HIP	88	92	96	100	104	109	115	121
INSIDE LEG	76	78	80	82	84	86	86	86

PLUS SIZES

SIZE	XL	XXL	XXXL
HEIGHT	170 - 174	170 - 174	170 - 174
CHEST	116	122	130
WAIST	100	106	114
HIP	120	126	134

NEWLINE SIZES

SIZE	XS	S	M	L	XL	XXL
CHEST	80	84	90	96	102	108
WAIST	62	66	72	78	84	90
HIP	90	94	100	106	112	118

HOW TO MEASURE

Height: head to floor. Chest: fullest circumference. Waist: narrowest circumference. Hip: fullest circumference.

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WOMEN'S SHOES

CONTENTS

CM indicates internal shoe length. Measurements may differ by model.

SIZE	36	37	38	39	40	41	42	43
UK	3.5	4	5	6	6.5	7.5	8	9
CM	22.5	23	24	25	25.5	26.5	27	28

HOW TO MEASURE

Place a foot on paper against a straight heel edge. Mark the furthest toe and measure from heel to mark. Measure both feet before comparing with the table.

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SOCKS & ACCESSORIES

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Use the measurements and sizing notes below.

SOCKS

SIZE	6	8	10	12	14
EU	28 - 31	32 - 35	36 - 40	41 - 45	46 - 48
UK	10 - 11.5	13 - 2.5	3.5 - 6.5	7.5 - 10.5	11 - 12.5

COMPRESSION SOCKS

SIZE	1	2	3	4
CM	25 - 31	32 - 38	39 - 44	45 - 50

Calf circumference.

KNEE SUPPORT

SIZE	XS	S	M	L	XL
CM	30 - 33	33 - 37	37 - 39	39 - 42	42 - 47

Knee circumference.

ELBOW SUPPORT

SIZE	XS	S	M	L
CM	23 - 25	25 - 28	28 - 30	30 - 33

Elbow circumference.

Men

Women

Unisex

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Footballs & handballs

SPORTS ACCESSORIES

CONTENTS

Use the measurements and sizing notes below.

GOALKEEPER GLOVES

SIZE	4	5	6	7	8	9	10	11
WIDTH (CM)	6.8	7.4	8.0	8.6	9.2	9.8	10.4	11.0
LENGTH (CM)	15.5	16.0	17.0	18.0	19.0	20.0	21.0	22.0

Measure hand width and length.

SHIN GUARDS

SIZE	XXS	XS	S	M	L
CM	< 95	95 - 115	115 - 135	135 - 155	> 155

Body height.

KNEE SUPPORT

SIZE	XS	S	M	L	XL
CM	30 - 33	33 - 37	37 - 39	39 - 42	42 - 47

Knee circumference.

ELBOW SUPPORT

SIZE	XS	S	M	L
CM	23 - 25	25 - 28	28 - 30	30 - 33

Elbow circumference.

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CLOTHING

CONTENTS

Measurements are in cm. Sizing is approximate and may differ by model.

Unisex clothing uses the men's size scale.

SIZE	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL
MEN	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL
WOMEN	XS	S	M	L	XL	XXL	3XL	4XL	5XL	-
HEIGHT	172	175	178	182	186	190	194	194	194	194
CHEST	86	90	94	99	104	110	116	122	130	138
WAIST	74	78	82	87	92	98	104	110	118	126
HIP	89	93	97	102	107	113	119	125	131	137
INSIDE LEG	77	79	81	83	85	87	89	89	89	89

HOW TO MEASURE

Height: head to floor. Chest: fullest circumference. Waist: narrowest circumference. Hip: fullest circumference.

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SHOES

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CM indicates internal shoe length. Measurements may differ by model.

SIZE	36	37	38	39	40	41	42	43	44	45	46	47	48	48.5	49.5	50.5
UK	3.5	4	5	6	6.5	7.5	8	9	9.5	10.5	11	12	12.5	13	14	15
CM	22.5	23	24	25	25.5	26.5	27	28	28.5	29.5	30	31	31.5	32	32.5	33

HOW TO MEASURE

Place a foot on paper against a straight heel edge. Mark the furthest toe and measure from heel to mark. Measure both feet before comparing with the table.

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SOCKS & ACCESSORIES

CONTENTS

Use the measurements and sizing notes below.

SOCKS

SIZE	6	8	10	12	14
EU	28 - 31	32 - 35	36 - 40	41 - 45	46 - 48
UK	10 - 11.5	13 - 2.5	3.5 - 6.5	7.5 - 10.5	11 - 12.5

COMPRESSION SOCKS

SIZE	1	2	3	4
CM	25 - 31	32 - 38	39 - 44	45 - 50

Calf circumference.

KNEE SUPPORT

SIZE	XS	S	M	L	XL
CM	30 - 33	33 - 37	37 - 39	39 - 42	42 - 47

Knee circumference.

ELBOW SUPPORT

SIZE	XS	S	M	L
CM	23 - 25	25 - 28	28 - 30	30 - 33

Elbow circumference.

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SPORTS ACCESSORIES

CONTENTS

Use the measurements and sizing notes below.

GOALKEEPER GLOVES

SIZE	4	5	6	7	8	9	10	11
WIDTH (CM)	6.8	7.4	8.0	8.6	9.2	9.8	10.4	11.0
LENGTH (CM)	15.5	16.0	17.0	18.0	19.0	20.0	21.0	22.0

Measure hand width and length.

SHIN GUARDS

SIZE	XXS	XS	S	M	L
CM	< 95	95 - 115	115 - 135	135 - 155	> 155

Body height.

KNEE SUPPORT

SIZE	XS	S	M	L	XL
CM	30 - 33	33 - 37	37 - 39	39 - 42	42 - 47

Knee circumference.

ELBOW SUPPORT

SIZE	XS	S	M	L
CM	23 - 25	25 - 28	28 - 30	30 - 33

Elbow circumference.

KIDS' CLOTHING

CONTENTS

Measurements are in cm. Sizing is approximate and may differ by model.

SIZE	86	92	98	104	110	116	122
AGE	15 - 18 m	2 yr	3 yr	4 yr	5 yr	6 yr	7 yr
HEIGHT	86	92	98	104	110	116	122
CHEST	51	53	55	57	59	61	64
WAIST	51	53	55	54	56	58	60
HIP	51	53	55	58	61	64	67

SIZE	128	134	140	146	152	164	176
AGE	8 yr	9 yr	10 yr	11 yr	12 yr	14 yr	16 yr
HEIGHT	128	134	140	146	152	164	176
CHEST	67	70	73	76	79	83	88
WAIST	61.5	63	64.5	66	67.5	70.5	73.5
HIP	70	73	76	79	82	87	92

HOW TO MEASURE

Height: head to floor. Chest: fullest circumference. Waist: narrowest circumference. Hip: fullest circumference.

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WINTER & RUBBER BOOTS

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CM indicates internal shoe length. Measurements may differ by model. Growing room is additional to the listed lengths.

CROSSLITE WINTER INFANT

EU SIZE	19	20	21	22	23	24	25	26	27
CM	11.4	12.3	12.6	13.5	14.1	14.5	15.4	15.8	16.7

Fit: Regular to wide

Growing room: 1-1.5 cm

EXPLORER

EU SIZE	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.6	16.1	17.6	18.0	18.5	19.1	19.7	20.2	20.8	21.8	22.4	22.9	23.6	24.5

Fit: Regular

Growing room: 1-1.5 cm

ICICLE

EU SIZE	22	23	24	25	26	27	28	29	30
CM	13.7	14.1	15.0	15.8	16.6	17.4	17.9	18.7	19.3

ICICLE (CONTINUED)

EU SIZE	31	32	33	34	35	36	37	38
CM	19.8	20.4	20.9	21.5	22.0	22.7	23.7	24.5

Fit: Regular

Growing room: 1-1.5 cm

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WINTER & RUBBER BOOTS

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ROOT INFANT

EU SIZE	21	22	23	24	25	26	27
CM	12.9	13.2	13.7	14.5	15.3	16.0	16.6

Fit: Regular

Growing room: 1-1.5 cm

ROOT PUFFER BOOT

EU SIZE	22	23	24	25	26	27	28	29	30
CM	13.4	14.4	14.9	15.9	16.5	17.0	18.4	19.0	19.5

ROOT PUFFER BOOT (CONTINUED)

EU SIZE	31	32	33	34	35	36	37	38
CM	19.9	20.3	21.0	21.5	22.1	23.0	24.2	-

Fit: Regular

Growing room: 1-1.5 cm

RUBBER BOOT INFANT

EU SIZE	21	22	23	24	25	26	27
CM	14.0	14.5	15.0	15.5	16.5	17.3	17.8

Fit: Regular

Growing room: 0.5 cm

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WINTER & RUBBER BOOTS

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RUBBER BOOTS

EU SIZE	22	23	24	25	26	27	28	29	30
CM	13.8	14.3	15.0	15.8	16.3	17.3	17.7	18.8	19.8

RUBBER BOOTS (CONTINUED)

EU SIZE	31	32	33	34	35	36	37	38
CM	20.5	21.0	21.8	22.3	23.1	23.8	24.4	25.1

Fit: Regular

Growing room: 0.5 cm

RUBBER BOOTS GLITTER

EU SIZE	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
CM	13.8	14.1	15.0	15.5	16.3	17.0	17.5	18.5	19.0	19.7	20.4	21.1	21.7	22.5	23.0

Fit: Regular

Growing room: 0.5 cm

SNOW BOOT

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	15.2	15.9	16.9	17.6	18.6	19.3	19.9	20.4	20.8	21.5	22.3	23.0	23.7	24.5	25.1

Fit: Regular

Growing room: 1-1.5 cm

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WINTER & RUBBER BOOTS

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SPLASH

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	15.8	16.3	16.7	17.6	18.2	19.0	19.5	20.3	20.9	21.7	22.3	22.9	23.5	24.2	24.8

Fit: Regular

Growing room: 1-1.5 cm

SUPER POLY BOOT

EU SIZE	23	24	25	26	27	28	29	30	31
CM	13.7	14.2	15.0	15.6	16.4	17.0	17.8	18.3	18.8

SUPER POLY BOOT (CONTINUED)

EU SIZE	32	33	34	35	36	37	38	39	40
CM	19.5	20.0	20.5	21.0	21.7	22.5	23.0	24.0	24.5

Fit: Regular

Growing room: 1-1.5 cm

THERMO BOOTS

EU SIZE	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.0	15.8	16.5	17.0	17.5	18.5	19.0	19.7	20.4	20.8	21.3	21.8	22.5	22.9	23.5

Fit: Regular

Growing room: 0.5 cm

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WINTER & RUBBER BOOTS

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ZAP HIKE

EU SIZE	28	29	30	31	32	33	34	35
CM	17.3	18.0	18.5	19.5	20.0	21.0	21.5	22.3

Fit: Regular to wide

Growing room: 1-1.5 cm

HOW TO MEASURE

Place a foot on paper against a straight heel edge. Mark the furthest toe and measure from heel to mark. Measure both feet before comparing with the table.

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BABY CLOTHING

CONTENTS

Measurements are in cm. Sizing is approximate and may differ by model.

SIZE	56	62	68	74	80	86	92
AGE	0 - 1 m	2 - 4 m	4 - 6 m	6 - 9 m	9 - 12 m	15 - 18 m	2 yr
HEIGHT	56	62	68	74	80	86	92
CHEST	41	43	45	47	49	51	53
WAIST	41	43	45	47	49	51	53
HIP	41	43	45	47	49	51	53

HOW TO MEASURE

Height: head to floor. Chest: fullest circumference. Waist: narrowest circumference. Hip: fullest circumference.

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SNEAKERS

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CM indicates internal shoe length. Measurements may differ by model. Growing room is additional to the listed lengths.

ACTUS

EU SIZE	19	20	21	22	23	24	25	26	27	28	29
CM	11.5	12.0	12.6	13.0	13.8	14.6	15.4	16.1	16.7	17.4	18.1

ACTUS (CONTINUED)

EU SIZE	30	31	32	33	34	35	36	37	38	39	40
CM	18.8	19.4	20.0	21.0	21.6	22.3	22.8	23.4	24.1	24.8	25.3

Fit: Regular

Growing room: 1-1.5 cm

ACTUS BREATHER INFANT

EU SIZE	19	20	21	22	23	24	25	26	27
CM	12.0	12.7	13.3	14.0	14.7	15.3	16.0	16.7	17.3

Fit: Regular

Growing room: 1-1.5 cm

ACTUS BREATHER JR

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.8	17.5	18.1	18.8	19.5	20.1	20.8	21.5	22.1	22.8	23.5	24.1	24.8	25.5	26.1

Fit: Regular

Growing room: 1-1.5 cm

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SNEAKERS

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ACTUS TEX

EU SIZE	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	14.0	14.5	15.0	15.6	16.3	17.2	17.8	18.2	19.0	19.8	20.6	21.6	22.1	22.7	23.5	24.1

Fit: Regular to wide

Growing room: 1-1.5 cm

BREAKER BREAKER

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.1	16.5	16.8	18.0	18.8	19.3	20.0	20.9	21.4	22.0	22.8	23.5	24.3

Fit: Regular

Growing room: 1-1.5 cm

BUSAN JR.

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.0	16.6	17.3	17.9	18.5	19.6	20.0	20.5	21.4	21.9	22.5	23.0	23.7

Fit: Regular to wide

Growing room: 1-1.5 cm

CAMDEN

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.6	17.3	18.0	18.6	19.3	20.0	20.6	21.3	22.0	22.6	23.3	24.0	24.6	25.3	26.0

Fit: Regular to wide

Growing room: 1-1.5 cm

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CAMDEN HIGH

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.6	17.3	18.0	18.6	19.3	20.0	20.6	21.3	22.0	22.6	23.3	24.0	24.6	25.3	26.0

Fit: Regular to wide

Growing room: 1-1.5 cm

CAMDEN WINTER

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.0	16.0	16.5	17.2	18.0	18.6	19.5	20.2	21.2	21.9	22.8	23.3	23.9

Fit: Regular

Growing room: 1-1.5 cm

CROSSLITE

EU SIZE	19	20	21	22	23	24	25	26	27
CM	12.0	12.6	13.3	14.0	14.7	15.3	16.0	17.0	17.7

CROSSLITE (CONTINUED)

EU SIZE	28	29	30	31	32	33	34	35
CM	18.3	19.0	19.7	20.3	21.0	21.7	22.3	23.0

Fit: Regular to wide

Growing room: 1-1.5 cm

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CROSSLITE WINTER TEX

EU SIZE	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	13.1	13.9	14.5	15.1	15.5	15.9	16.6	17.5	18.4	18.9	19.6	20.3	20.9	21.5	22.5	23.3

Fit: Regular to wide

Growing room: 1-1.5 cm

DAYLIGHT

EU SIZE	25	26	27	28	29	30	31	32	33	34	35
CM	15.6	16.1	16.7	17.3	17.8	18.4	19.0	19.5	20.0	20.5	21.0

Fit: Regular to wide

Growing room: 1-1.5 cm

DERBY COURT

EU SIZE	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.7	17.5	18.0	18.7	19.5	20.0	20.7	21.5	22.0	22.7	23.5	24.0	24.7	25.5

Fit: Regular to wide

Growing room: 1-1.5 cm

EFFORT ONE INFANT

EU SIZE	19	20	21	22	23	24	25	26	27
CM	12.7	13.3	14.0	14.6	15.3	16.0	16.6	17.3	18.0

Fit: Regular to wide

Growing room: 1-1.5 cm

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EFFORT ONE JR

EU SIZE	28	29	30	31	32	32	34	35	36	37	38	39	40
CM	18.7	19.3	20.0	20.7	21.3	22.0	22.7	23.3	24.0	24.7	25.3	26.0	26.7

Fit: Regular to wide

Growing room: 1-1.5 cm

HANDBALL PERFEKT JR

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.7	17.4	18.0	18.7	19.4	20.0	20.7	21.4	22.0	22.7	23.4	24.0	24.7	25.4	26.0

Fit: Regular

Growing room: 1-1.5 cm

HML8000

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.4	17.0	17.5	18.1	19.1	19.9	20.5	21.1	21.8	22.5	23.4	24.2	24.9	25.5	26.1

Fit: Regular to wide

Growing room: 0.5 cm

HML8320

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	15.8	16.4	17.6	18.1	18.6	19.8	20.4	21.0	21.6	22.2	23.0	23.6	24.5	25.1	26.0

Fit: Regular

Growing room: 0.5 cm

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SNEAKERS

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JET COURT

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.1	17.2	17.7	18.4	19.0	19.8	20.3	21.3	21.8	22.3	23.0	23.5	24.1

Fit: Regular to wide
Growing room: 0.5 cm

OMNII JR VC

EU SIZE	28	29	30	31	32	33	34	35	36	37	38
CM	18.2	18.8	19.5	20.2	20.8	21.5	22.1	22.8	23.5	24.1	24.8

Fit: Regular
Growing room: 1 cm

PACE

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.4	16.0	17.0	17.5	18.4	19.0	20.1	20.7	21.3	22.1	23.0	23.5	24.2

Fit: Regular
Growing room: 1-1.5 cm

PLAY CONTROL JR

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.7	17.4	18.1	18.7	19.4	20.1	20.7	21.4	22.1	22.7	23.4	24.1	24.7	25.4	26.1

Fit: Regular
Growing room: 1-1.5 cm

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REACH

EU SIZE	26	27	28	29	30	31	32	33	34	35
CM	16.5	17.0	17.5	18.3	19.0	19.5	20.4	21.0	22.0	22.8

Fit: Regular to wide

Growing room: 1-1.5 cm

REACH 250

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.0	16.6	17.1	18.0	18.4	19.2	19.9	20.4	21.2	22.2	22.8	23.5	24.3	25.0	25.5

Fit: Regular

Growing room: 1-1.5 cm

REACH 250 TEX

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.0	16.5	17.0	18.0	18.5	19.0	20.0	20.5	21.0	22.0	22.5	23.5	24.0	25.0	25.5

Fit: Regular to wide

Growing room: 1-1.5 cm

REACH 300

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.0	17.0	18.0	18.5	19.0	19.5	20.5	21.0	22.0	22.5	23.0	24.0	24.5	25.0	25.5

Fit: Regular to wide

Growing room: 1-1.5 cm

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REACH ZERO

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.1	16.6	17.6	18.0	18.9	19.3	19.9	20.3	20.8	21.5	22.1	22.8	23.3	24.0	24.4

Fit: Regular

Growing room: 1-1.5 cm

REFLEX (ALL)

EU SIZE	19	20	21	22	23	24	25	26	27	28
CM	11.5	12.0	12.5	13.0	13.8	14.5	15.0	15.7	16.8	17.5

REFLEX (ALL) (CONTINUED)

EU SIZE	29	30	31	32	33	34	35	36	37	38
CM	18.1	18.8	19.5	20.1	20.7	21.5	22.3	22.8	23.5	24.0

Fit: Narrow to regular

Growing room: 1-1.5 cm

REFLEX DOUBLE

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.5	17.0	17.8	18.5	19.0	20.1	20.5	21.0	21.8	22.5	23.4	24.0	24.8

Fit: Narrow to regular

Growing room: 1-1.5 cm

Men Women Unisex **Kids** Footballs & handballs

SNEAKERS

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ROOT ELITE

EU SIZE	28	29	30	31	32	33	34	35	36	37	38
CM	16.1	17.4	18.1	18.5	18.8	20.0	20.9	21.4	22.3	22.8	23.5

Fit: Regular

Growing room: 1 cm

ROOT JR.

EU SIZE	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.6	16.1	17.6	18.0	18.5	19.1	19.7	20.2	20.8	21.8	22.4	22.9	23.6	24.5

Fit: Regular

Growing room: 1-1.5 cm

SLIMMER STADIL

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.1	17.0	17.8	18.5	19.2	20.0	20.5	21.1	22.0	22.6	23.4	23.9	24.7	25.3	26.0

Fit: Narrow to regular

Growing room: 1-1.5 cm

SPEED

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.5	17.2	17.9	18.7	19.1	19.8	20.4	21.0	22.1	22.9	23.6	24.4	25.0

Fit: Regular to wide

Growing room: 1-1.5 cm

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SNEAKERS

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ST POWER PLAY JR

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.3	16.9	17.6	18.3	19.0	19.6	20.3	21.0	21.6	22.3	23.0	23.6	24.3	25.0	25.6

Fit: Regular to wide

Growing room: 1-1.5 cm

STADIL (ALL)

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	15.8	16.6	17.7	18.0	18.6	19.1	19.9	20.5	21.5	22.1	22.7	23.3	24.1	24.8	25.3

Fit: Regular to wide

Growing room: 1-1.5 cm

STADIL 3.0

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.4	17.0	17.5	18.0	18.6	19.1	19.7	20.3	20.8	21.4	22.0	22.5	23.0	23.6	24.2

Fit: Regular

Growing room: 1-1.5 cm

STADIL FLASH

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.5	17.0	18.0	18.5	19.0	19.8	20.9	21.3	21.8	22.5	23.5	24.2	24.7

Fit: Regular

Growing room: 1-1.5 cm

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STADION JR

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.6	17.3	18.0	18.6	19.3	20.0	20.6	21.3	22.0	22.6	23.3	24.0	24.6

Fit: Regular

Growing room: 1-1.5 cm

STRADA

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	15.8	16.6	17.7	18.0	18.6	19.1	19.9	20.5	21.5	22.1	22.7	23.3	24.1	24.8	25.3

Fit: Regular to wide

Growing room: 1-1.5 cm

TOP STAR IN

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.7	17.0	18.0	18.8	19.3	19.8	20.8	21.4	22.7	23.0	23.7	24.4	25.0

Fit: Regular to wide

Growing room: 1-1.5 cm

TURBO RUN 1.0 JR.

EU SIZE	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.7	17.3	18.0	18.7	19.3	20.0	20.7	21.3	22.0	22.7	23.3	24.0	24.7	25.3

Fit: Regular to wide

Growing room: 1-1.5 cm

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VICTORY

EU SIZE	19	20	21	22	23	24	25	26	27
CM	11.5	12.1	13.0	13.8	14.4	15.1	15.6	16.5	17.0

VICTORY (CONTINUED)

EU SIZE	28	29	30	31	32	33	34	35
CM	17.5	18.0	18.4	19.1	20.0	20.9	21.5	22.0

Fit: Wide

Growing room: 1-1.5 cm

VM78 JR

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	16.7	17.4	18.0	18.7	19.4	20.0	20.7	21.4	22.0	22.7	23.4	24.0	24.7	25.4	26.0

Fit: Regular to wide

Growing room: 1-1.5 cm

X-LIGHT

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.9	16.5	17.1	17.6	18.1	18.6	19.1	19.6	20.1	20.6	22.1	22.6	23.1

Fit: Regular to wide

Growing room: 1-1.5 cm

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SNEAKERS

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X-LIGHT MID

EU SIZE	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	14.3	14.7	15.7	16.2	16.9	17.5	18.4	19.0	19.8	20.3	20.9	21.5	22.0	23.0	23.7	24.1

Fit: Regular to wide

Growing room: 1-1.5 cm

X-LIGHT TEX

EU SIZE	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	14.3	14.7	15.7	16.2	16.9	17.5	18.4	19.0	19.8	20.3	20.9	21.5	22.0	23.0	23.7	24.1

Fit: Regular to wide

Growing room: 1-1.5 cm

HOW TO MEASURE

Place a foot on paper against a straight heel edge. Mark the furthest toe and measure from heel to mark. Measure both feet before comparing with the table.

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SPORTS SHOES

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CM indicates internal shoe length. Measurements may differ by model. Growing room is additional to the listed lengths.

INDOOR SHOES / AEROTEAM JR VC

EU SIZE	28	29	30	31	32	33	34	35	36	37	38
CM	16.8	17.2	18.0	18.8	19.3	19.8	20.5	21.5	-	22.6	23.4

Fit: Regular

Growing room: 1 cm

INDOOR SHOES / DAGAZ JR

EU SIZE	30	31	32	33	34	35	36	37	38	39	40
CM	18.5	19.0	19.7	20.5	21.0	21.7	22.0	23.0	24.0	25.0	25.5

Fit: Regular

Growing room: 1 cm

INDOOR SHOES / GYM SHOES

EU SIZE	22	23	24	25	26	27	28	29	30	31
CM	12.9	13.3	14.0	14.4	15.4	16.2	17.0	17.8	18.3	18.8

INDOOR SHOES / GYM SHOES (CONTINUED)

EU SIZE	32	33	34	35	36	37	38	39	40
CM	19.5	20.0	20.5	21.3	22.0	22.3	22.9	23.6	24.5

Fit: Regular

Growing room: 1 cm

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SPORTS SHOES

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INDOOR SHOES / MULTIPLAY FLEX

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	17.3	18.0	18.6	19.3	20.0	20.6	21.3	22.0	22.7	23.3	24.0	24.6	25.3	26.0	26.6

Fit: Regular

Growing room: 1 cm

INDOOR SHOES / MULTIPLAY FLEX

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	17.3	18.0	18.6	19.3	20.0	20.6	21.3	22.0	22.7	23.3	24.0	24.6	25.3	26.0	26.6

Fit: Regular

Growing room: 1 cm

INDOOR SHOES / MULTIPLAY STABLE

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	17.3	18.0	18.6	19.3	20.0	20.6	21.3	22.0	22.7	23.3	24.0	24.6	25.3	26.0	26.6

Fit: Regular

Growing room: 1 cm

INDOOR SHOES / OMNI JR VC

EU SIZE	28	29	30	31	32	33	34	35	36	37	38
CM	16.8	17.5	18.5	19.0	19.5	20.0	21.0	21.5	22.0	22.5	23.0

Fit: Regular

Growing room: 1 cm

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SPORTS SHOES

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INDOOR SHOES / PII POWER PLAY PRO

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	17.3	18.0	18.6	19.3	20.0	20.6	21.3	22.0	22.7	23.3	24.0	24.6	25.3	26.0	26.6

Fit: Regular

Growing room: 1 cm

INDOOR SHOES / ROOT ELITE

EU SIZE	28	29	30	31	32	33	34	35	36	37	38
CM	16.1	17.4	18.1	18.5	18.8	20.0	20.9	21.4	22.3	22.8	23.5

Fit: Regular

Growing room: 1 cm

FOOTBALL BOOTS / HATTRICK

EU SIZE	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.5	16.2	16.8	17.5	18.2	18.8	19.5	20.2	20.8	21.5	22.2	22.8	23.5	24.2	24.8

Fit: Regular

Growing room: 1 cm

FOOTBALL BOOTS / TOP STAR FG

EU SIZE	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.5	16.2	16.8	17.5	18.2	18.8	19.5	20.2	20.8	21.5	22.2	22.8	23.5	24.2	24.8

Fit: Regular

Growing room: 1 cm

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SPORTS SHOES

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FOOTBALL BOOTS / TOP STAR IN

EU SIZE	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.0	15.3	16.0	16.5	17.0	17.9	18.4	18.8	19.4	20.0	21.0	21.5	22.0	-	24.4

Fit: Regular

Growing room: 1 cm

FOOTBALL BOOTS / TOP STAR INDOOR

EU SIZE	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.5	16.2	16.8	17.5	18.2	18.8	19.5	20.2	20.8	21.5	22.2	22.8	23.5	24.2	24.8

Fit: Regular

Growing room: 1 cm

FOOTBALL BOOTS / TOP STAR TURF

EU SIZE	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	15.5	16.2	16.8	17.5	18.2	18.8	19.5	20.2	20.8	21.5	22.2	22.8	23.5	24.2	24.8

Fit: Regular

Growing room: 1 cm

HOW TO MEASURE

Place a foot on paper against a straight heel edge. Mark the furthest toe and measure from heel to mark. Measure both feet before comparing with the table.

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SANDALS

CONTENTS

CM indicates internal shoe length. Measurements may differ by model. Growing room is additional to the listed lengths.

FLIP FLOPS

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
CM	17.2	17.8	18.6	19.2	20.0	20.6	21.2	22.0	22.5	23.1	23.8	24.1	25.0	25.8	26.5

Fit: Regular

Growing room: 0.5-1 cm

PLAYA SANDAL

EU SIZE	24	25	26	27	28	29	30	31	32	33	34	35
CM	15.5	16.0	17.0	18.0	18.5	19.0	19.5	20.0	20.5	21.0	21.5	22.5

Fit: Regular

Growing room: 0.5-1 cm

POOL SLIDE

EU SIZE	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.6	17.5	18.3	19.6	20.1	20.5	21.0	21.6	22.3	22.7	23.6	24.2	24.6	25.6	26.6

Fit: Regular to wide

Growing room: 0.5-1 cm

SANDAL FLASH

EU SIZE	23	24	25	26	27	28	29	30	31	32	33	34	35
CM	14.0	15.0	15.5	16.1	17.0	17.5	18.3	18.7	19.6	20.2	21.0	21.6	22.3

Fit: Regular (runs small)

Growing room: 0.5-1 cm

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SANDALS

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SANDAL GLITTER

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.7	17.3	18.2	18.9	19.5	20.1	20.9	21.5	22.1	22.6	23.1	24.0	24.5

Fit: Regular to wide

Growing room: 0.5-1 cm

SANDAL SPORT INFANT

EU SIZE	20	21	22	23	24	25	26	27	28	29	30	31	32
CM	12.7	13.4	14.0	14.7	15.4	16.0	16.7	17.4	18.0	18.7	19.4	20.0	20.7

Fit: Regular

Growing room: 0.5-1 cm

SANDAL SPORT JR

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.7	17.3	18.2	18.9	19.5	20.1	20.9	21.5	22.1	22.6	23.1	24.0	24.5

Fit: Regular to wide

Growing room: 0.5-1 cm

SANDAL VELCRO

EU SIZE	20	21	22	23	24	25	26	27	28	29	30	31	32
CM	12.7	13.4	14.0	14.7	15.4	16.0	16.7	17.4	18.0	18.7	19.4	20.0	20.7

Fit: Regular (runs large)

Growing room: 0.5-1 cm

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SANDALS

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SANDAL WAVE

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	17.0	18.0	18.5	19.0	19.5	20.5	21.0	21.5	22.0	23.0	24.0	24.5	25.0

Fit: Regular

Growing room: 0.5-1 cm

TREKKING SANDAL

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	16.8	17.4	17.9	18.7	19.1	19.8	20.3	20.9	21.3	22.0	22.6	23.8	24.4

Fit: Regular

Growing room: 0.5-1 cm

ZORI SANDAL

EU SIZE	26	27	28	29	30	31	32	33	34	35	36	37	38
CM	17.0	18.0	18.5	19.0	19.5	20.5	21.0	22.0	22.5	23.0	24.0	24.5	25.0

Fit: Regular

Growing room: 0.5-1 cm

HOW TO MEASURE

Place a foot on paper against a straight heel edge. Mark the furthest toe and measure from heel to mark. Measure both feet before comparing with the table.

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SLIPPERS

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CM indicates internal shoe length. Measurements may differ by model. Growing room is additional to the listed lengths.

WOOL SLIPPER INFANT

EU SIZE	21	22	23	24	25	26	27	28	29	30
CM	13.0	13.5	14.2	15.0	15.5	16.0	16.6	17.1	18.0	18.8

Fit: Regular to wide
Growing room: 0.5 cm

ZAP SLIPPER

EU SIZE	25	26	27	28	29	30	31	32	33	34	35	36
CM	15.8	16.6	17.0	17.6	18.4	18.9	19.3	20.2	21.2	22.0	23.0	23.4

Fit: Regular
Growing room: 0.5-1 cm

HOW TO MEASURE

Place a foot on paper against a straight heel edge. Mark the furthest toe and measure from heel to mark. Measure both feet before comparing with the table.

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SOCKS & ACCESSORIES

CONTENTS

Use the measurements and sizing notes below.

SOCKS

SIZE	15 - 17	18 - 20	21 - 23	24 - 27	28 - 31	32 - 36	37 - 40
CM	< 10	10 - 12	12 - 14	14 - 16	16 - 19	19 - 22	23 - 27

HATS

SIZE	38 - 40	50 - 52	52 - 54	54 - 56
AGE	0 - 1 m	2 - 4 yr	4 - 8 yr	8 yr+

GLOVES

SIZE	56	62	68	74	80	86
AGE	0	0	0	0	0	2

GLOVES (CONTINUED)

SIZE	92	98	104	110	116	122
AGE	2	2	4	4	6	6

GLOVES (CONTINUED)

SIZE	128	134	140	146	152
AGE	8	8	10	10	12

FOOTBALLS

CONTENTS

Product specifications from the Hummel size guide.

FOOTBALLS

TYPE	SIZE	CIRCUMFERENCE (CM)	WEIGHT (G)	RECOMMENDED PRESSURE
BLADE PRO	5	68.5 - 69	425 - 435	0.8 - 1.0
STORM 2.0	5	68 - 69	425 - 435	0.6
STORM TRAINER	5	68 - 69	425 - 435	0.6
STORM TRAINER	4	64 - 65	355 - 365	0.6
STORM TRAINER LIGHT	5	68 - 69	345 - 355	0.6
STORM TRAINER LIGHT	4	64 - 65	320 - 330	0.6
STORM TRAINER LIGHT	3	61 - 62	300 - 310	0.6
STORM TRAINER ULTRA LIGHT	5	68 - 69	285 - 320	0.6
STORM TRAINER ULTRA LIGHT	4	64 - 65	280 - 300	0.6
STORM TRAINER ULTRA LIGHT	3	61 - 62	280 - 300	0.6
CONCEPT PRO	5	68.5 - 69	425 - 435	0.8 - 1.0
ELITE & PREMIER	5	68 - 69	425 - 435	0.8
ELITE & PREMIER	4	64 - 65	355 - 365	0.8
ENERGIZER	5	68 - 69	425 - 435	0.6

FOOTBALLS

CONTENTS

Continued

FOOTBALLS (CONTINUED)

TYPE	SIZE	CIRCUMFERENCE (CM)	WEIGHT (G)	RECOMMENDED PRESSURE
ENERGIZER	4	64 - 65	355 - 365	0.6
ENERGIZER	3	61 - 62	325 - 335	0.6
ENERGIZER LIGHT	5	68 - 69	345 - 355	0.6
ENERGIZER LIGHT	4	64 - 65	320 - 330	0.6
ENERGIZER LIGHT	3	61 - 62	300 - 310	0.6
ENERGIZER ULTRA LIGHT	5	68 - 69	285 - 320	0.6
ENERGIZER ULTRA LIGHT	4	64 - 65	280 - 300	0.6
ENERGIZER ULTRA LIGHT	3	61 - 62	280 - 300	0.6
FUTSAL STORM	4	62 - 63	415 - 425	0.6
FUTSAL STORM	3	58 - 59	380 - 400	0.6
FUTSAL STORM LIGHT	4	62 - 63	355 - 365	0.6
FUTSAL STORM LIGHT	3	58 - 59	320 - 330	0.6
FUTSAL ELITE	4	62 - 63	415 - 425	0.6
FUTSAL ELITE	3	58 - 59	380 - 400	0.6

FOOTBALLS (CONTINUED)

TYPE	SIZE	CIRCUMFERENCE (CM)	WEIGHT (G)	RECOMMENDED PRESSURE
FUTSAL ELITE	2	53 - 55	350 - 380	0.6

HANDBALLS

CONTENTS

Product specifications from the Hummel size guide.

HANDBALLS

SIZE	3	2	1	0	0.0
CIRCUMFERENCE (CM)	58 - 60	54 - 56	50 - 52	46 - 49	44 - 46
WEIGHT (G)	425 - 435	325 - 335	290 - 300	225 - 235	180 - 200
RECOMMENDED PRESSURE	0.3	0.3	0.3	0.4	0.4